

N.Y.S.A.A
NEW YORK SCHOLASTIC ATHLETICS ASSOCIATION
ESTABLISHED 2004

N.Y.S.A.A.
High School Varsity Rules and Regulations

League Dates

Start Date: Tuesday, December 2, 2025

End Date: Saturday, March 28, 2026 (Championship)

Rosters are locked as of 1/23/26.

Progress Reports are due Monday, December 1, 2025

League Fees

Fees are paid in full by the school before the end of the season. (2/1/26)

Spectator Policy

Each school must have a spectator policy for visitors, parents/family members, students (present and alumni),

Eligibility

1. High School Varsity players are to be 9th-12th grades only. No student can turn (19) before January. No student can be (20) at anytime during the season.
2. Each student can only play **(4)** years of league play. No student can exceed (4) seasons and anytime beyond (4) academic years of school.
3. **NO STUDENT CAN BE A 12th - GRADE HOLD OVER.** Fifth-year seniors will not be eligible.
4. No Student can hold more than one roster spot. (If your school has more than one team.)
5. Students on the Varsity B team of any school with a Varsity A can only hold (1) roster position.
6. Varsity B Teams cannot add students from the PSAL or any other league JV or Varsity A teams after their season has ended.
7. Team rosters must be accompanied by the first progress report. The Athletics Director or Head Coach must have all of the reports. The roster must be an official copy from the school. Any student not on this roster may not be added during the season. **TEAMS MAY CARRY A ROSTER OF (15).**
8. All students must be the name of the roster. **No student can play under another students name. The penalty of this action will be an in forfeit of the game, removal of players and a possible removal from the league.**

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9. Each team is required to submit a school report card schedule. Each coach is required to submit grades for all students on the roster. Each player is responsible to pass all classes. In the event of any failures, that player is ineligible and must sit out **(1) week per failing class**. Students will not be allowed to play in the game effective immediately after the due date of the reports cards. League officials must be send an update roster with the failing students and games.
10. Students failing (3) or more classes are placed on probation automatically and must receive a progress report of all passing classes and signed by the principal in order to return to the court after the (3) week suspension.
11. Each student is responsible to be in school on the day of a game. If games are on Saturday(s) then they must have an excused absent for the prior day.
12. All students must be enrolled and attending classes in the school that they are playing for at the time the season starts; no in-season transfer from another team can play during this season. Any student found playing for a school that they do not attend will be immediately dismissed from league play and the school will forfeit all games in which the student played in. In addition the school will not be eligible for the playoffs.
13. All students in all divisions must have progress reports turned on the date listed above: Each Athletics Director or Head Coach must pull and hold on to reports. Schools maybe audited at any point during the grading period.
14. Any coach not turning in the report cards for their team at the eligibility date will incur a (5) game forfeit to your existing record.
15. Any coach not turning in the report cards for their team at the eligibility date will incur a (5) game forfeit to your existing record and the school **cannot play** until report cards are turned in. Any student on the roster that does not have a report card will **be ineligible until their report card is turned in**.
16. No Student can be on or have been on a PSAL, CHSAA, Independent and any other league school roster while playing in the NYSAA at anytime whether they have been dismissed from the team or completed their season. **Appendix of rule #4 and 16**
17. Students that attend schools on a campus site or in a multi-school building cannot play for the campus team and play in the NYSAA.
18. NYSAA schools cannot allow students from other schools in their building to play under their school banner. Students can only play for the school they attend this includes students placed on an inactive roster from a campus team, adjacent community center, or church team. Students ONLY.
19. No student can transfer from NYSAA school to NYSAA school in the same season and be eligible to play. The student must sit out the reminder of the season. Only a student with a documented safety transfer may be added to an open roster position if the roster is not full. If it is after the locked roster date, the student will not be eligible until the next semester or grading period.

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20. Attendance-Students must maintain an **85%** attendance rate as apart of eligibility to play. This must accompany each report card. 84-79% is a 1 game suspension, 78-75% is a 2-game suspension. 74% or below is removal from the roster for the season. Unless a medical reason is presented.
21. **Junior Varsity Division - 9th and 10th grade students only. Junior High School Varsity players are to be 9th-10^h grades only.** No student can be (17) at anytime during the season.
22. **Junior Varsity Division - NO STUDENT CAN BE A 10th -GRADE HOLD OVER.** No Student can hold more than one roster spot. (If your school has more than one team.)
23. **Junior Varsity Division - Each student can only play (2) years on Junior Varsity.** No student can exceed (4) seasons and anytime beyond (4) academic years of school.
24. **Junior Varsity Division - Students on the Varsity B team can not play on JV at the same time.** Students can only hold (1) roster position.
25. **Junior Varsity Division -Junior Varsity players can be moved up to Varsity or Varsity B if the Varsity roster falls below (7) eligible students.**
26. **If a Junior Varsity student is moved up to Varsity and plays in a varsity game that student must stay on the varsity roster the remainder of the season.**
27. **Girls Varsity Division - 9th -12th grade students.**

Game Procedures

28. All players will be ready to play at least 15 minutes before game times. All participants must be in full game uniform.
29. The league must be informed of all forfeits prior to cancellation.
30. The host school must have an area for the visiting team to change and meet prior to the game, halftime, and post game.
31. A ready team is any team with **five** players dressed in full uniform and on the court.
32. The head coach must submit the team roster before the first game identifying (5) starters.
33. There will be a 10-minute warm-up period before games and a half-time of 6 minutes. This is mandatory and must not be skipped.
34. No game is to be intentional forfeited. If a school cannot make a game due to a coach emergency or school administrative decision, the commissioner must be notified As Soon As Possible. If possible at least 48 hours prior.

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35. No game will be rescheduled due to a conflict with an event schedule after the season schedule is released.
36. All players keep their same jersey number for the season. (Except in the event of damage to uniform during game play)
37. The home team shall be responsible for a working clock, official score book, and scoreboard. League officials are not required to update coaches on player fouls, timeouts, and team fouls at the end of each quarter. Coaches may ask the table for an update on fouls (team and personal), timeouts, and score.
38. Schools hosting home games must have the following: a reasonable size high school court, working scoreboard, bookkeeper, clock keeper, stat keeper, and an area for the visiting team to change.
39. The game will be played with (4) eight-minute quarters and 3-minute overtime. **The CLOCK stops on each whistle.** SHOT CLOCK - (35) Seconds for JV and (35) Seconds for Varsity/Girls Varsity games.
40. If the game official has to inform the home team book keeper or scorekeeper that the table behavior is delaying the game in anyway. The home team will receive a warning first to the home team coach and on the second warning a technical foul will be given to the home team. **(b)** IF the visiting team spotter at the table has caused the delay as noticed by the official the visiting team will receive a warning and on the second warning a technical foul will be given and they will be removed from the table.
41. Each team will have **(3)** full and **(2)** 30 second timeouts
42. Players foul out with **(5)** personal fouls; there is no return.
43. Coaches must have an assistant coach on the bench at each game. This person must be at least 21 or older. In the event of the head coach being dismissed from the game he/she must leave the gym.
44. Bench Personnel-(1) Head Coach (2) Assistant coaches (1) Team manager. No parents or students (not on the team) can sit on the bench.

Uniform

45. Each team is required to have uniforms that they supply for the players. Tops and bottoms should match in style and color. Home time must have lighter colored tops. No players can participate in a different shirt or shorts. T-Shirts maybe worn under team jerseys if the colors are matching in color to the jersey top.
46. Each team can up to a 15-person roster. League Commissioner and Site Director will hold rosters.
47. Every team must have jerseys with legal numbers (e.g.,: 5, 4, 22, 23) any number that can be made on one hand. The only exception will be if the uniforms are grandfathered from previous years.

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- 48. Any questions of eligibility protest must be made before the game. Protest will be marked in the official league scorers book.
- 49. Basketball shorts must be worn at all times. No sweat pants, no shorts with pockets, no shorts worn inside out will be allowed. That player will not be allowed to play. Students are not to have shorts hanging off of their body at any point of the game. If any player has his or her shorts hanging during the game, the player will have to be pulled from the game and asked to tie his or her shorts before they may return to the game.

Conduct

- 50. Coaches and players shall be responsible for the conduct of their respective benches and fans. Please police your area after each game; throw your garbage in the nearest trash can. Only players and authorized personnel registered with the League will be permitted on the benches during the event. At the discretion of the League Commissioner, any coach or player may be suspended for conduct on or off the court, which is against the best interest of the League. Coaches on the official roster are the only adults that may sit on the bench.
- 51. If anyone throws a punch, whether it connects or not, he or she will be ejected from that game in addition to a potential minimum of two additional games suspension.
- 52. Any player or coach harassing or threatening a referee or League Representative during or after a game may be suspended or expelled from the league.
- 53. Coaches are not use any profanity or obscene jesters to fans, players, referees, parents, or league officials.
- 54. Coaches ejected from a game due to conduct unbecoming will be suspended for the next game. Coaches cannot conduct any demoralizing conversation during the game towards any student or opposing coach. If this occurs during the game a technical foul will be given and the coach will be subject to a game suspension.
- 55. Unsportsmanlike conduct will not be tolerated from anyone connected to the team. Ejections based on abusive language or behavior received a one game suspension and face expulsion on the second. No player can leave the bench during any on floor conflict.
- 56. The NYSAA League reserves the right to refuse participation to any player or coach who exhibits any verbal or physical behavior which is threatening or inhibits the playing of any other participant.
- 57. Students are the responsibility of the coach and staff while in the locker rooms. Please make sure that all students are being supervised at all times.
- 58. Any player coach or player assessed with two unsportsmanlike technical fouls in a game will be suspended for the next game.
- 59. Players cannot wear earrings, chains, bracelets or any jewelry which might be deemed unsafe. (No band-aid to cover earrings.)

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League Procedures

60. Playoffs are as followed: Boys Varsity/Junior Varsity/ Girls Varsity - Playoff seeding will be done based on the regular season records
61. Ranking will be done by record then in the event of a tie; records will be matched head to head, and then records against divisional opponents, then non-divisional opponents.
62. Site Directors are empowered to enforce all rules as stated in this document. Any conflict with a site director must be reported to the league commissioner within 24 hours.
63. High School players must play a min. of **(6) games** in the regular season to be eligible for the playoffs. Injured students that are on the locked roster will be eligible for the playoffs.
64. A min. of **(10) games** must be played in order to be eligible for any end of the year awards.
65. All Playoffs games will be confirmed at least 72 hours prior to the tip-off.
66. All teams will be seeded based on record. Tied records will be broken by head-to-head games and or division record.
67. If the rules are not listed here, we then refer to the National Federation of High School Rules for our rulings. (None of these rules will supersede the NFHS rulebook.)
68. Games needing to be postponed due to weather or rescheduling; will be moved to a later date. No game will be cancelled unless the league commissioner contacts the coach or school official. A (5) hour notification will be given to each school prior to the cancellation of a game due to weather.
69. Games needing to be postponed due to weather or rescheduling; will be moved to a later date. No game will be cancelled unless the league commissioner contacts the coach or school official. A (3) hour notification will be given to each school prior to the cancellation of a game due to weather.
70. Games will not be rescheduled due to medical related issues. Any game unable to played due to medical issues will be removed from the scheduled. This only applies in the event of the medical issue reducing the number of students below (5).
71. **Any other rulings of things not listed here, will fall under the best interests of the league as determined by the commissioner.**
72. If there are any questions please contact League Commissioner Dwayne Cumberbatch @ nysaasport@aol.com

Protests

Any team wishing to contest the actions of a player, coach, or team during the season must contact the League Commissioner within 24 hours of the game or event via phone, email, or faxed letter.

I have received, read and understand the above rules

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Coach/School Official.

Please sign-off on team roster, rules, and approval of payment. Thank you.

School Principal